



SATURDAY 22 <sup>nd</sup> JULY				
TIME	What	Under 8's	White – Orange	Purple to Black
9:30am	Registration, Welcome and Group Picture			
10:00 – 10:15am	Warm up with Eden			
10:15 – 10:45 am	Session 1	Dawn Venton	Orán Fielder	Ernst Blikslager
10:45 – 11:15am	Session 2	Shauna Page	Michael Ray Rozengarden	Jaki McVicar
11:15 – 11:30 am	Break			
11:30 – 12:00 pm	Session 3	Eden Howells	Paul Dowling	Neil Roberts
12:00 – 12:30 pm	Session 4	Workbook Session	Jaki Mc Vicar	Sinéad Byrne
12:30 – 1:00 pm	Session 5	Oran Fielder	Shauna Page	Michael Ray Rozengarden
1:00 – 1:30 pm	Lunch			
1:30 – 2:00 pm	Session 6	Competition Preparation Assisted by Lucy Johnson		Marc Moor
2:00 – 2:30pm	Session 7	Sinéad Byrne	Neil Roberts	Paul Dowling
2:30 – 2:45pm	Break			
2:45 – 3:15pm	Session 8	Games/Challenges Jay Tyler	Ernst Blikslager	Orán Fielder
3:15 – 4:00 pm	Session 9	Open discussion Q&A topic of choice is "Who was Ed Parker really?"		
4:00pm	Close and presentations			
SATURDAY EVENING				
7pm – 10pm	<b>Social Evening and Games night</b> at Montpellier Hall, Gloucester, GL1 1LF We will provide some music, nibbles and board games for the kids, all we request that is that you bring your own drinks (alcohol is fine only for those aged 18+) All paid spectators and participants this is covered in your costs already paid. Please ensure to keep your wristbands showing.			

Timetables are subject to change at any time throughout the event



22nd/23rd JULY  
2023